

Chicken Cordon Bleu

Ingredients:

2 large boneless skinless chicken breasts
4 slices Prime Sandwich Ham
4 slices swiss cheese (Emmenthal or Gruyere)
1/4 cup flour, in bowl
1 -2 egg, beaten, in bowl
1/2 cup seasoned breadcrumbs
Toothpicks



Method:

Take chicken and place on a large cutting board. Put a piece of wax paper over the chicken breast

Use a mallet to flatten the chicken breast till it spreads out to about the size of 2 chicken breasts

Then place 2 pieces of ham on the chicken breast and then 2 pieces of cheese

Take chicken and roll up into a log. If it isn't holding together, place a couple toothpicks into the chicken to hold in place

Roll each piece in the flour, then in beaten egg, then in breadcrumbs

Place the chicken breasts in a baking dish and place in oven at 200 degrees and bake for 45 minutes (or until chicken is cooked through)

Cut each piece in 2 pieces, and serve